

Synopsis

Encouraging students to recognize their identity with Shiva (the all-pervasive Lord), these commentaries on verses of Kashmir Shaivite philosophy illuminate the experience.

Book Information

Paperback: 160 pages

Publisher: Siddha Yoga Publications (January 1, 1997)

Language: English

ISBN-10: 0911307567

ISBN-13: 978-0911307566

Product Dimensions: 8.4 x 5.7 x 0.4 inches

Shipping Weight: 8.2 ounces

Average Customer Review: 5.0 out of 5 stars 4 customer reviews

Best Sellers Rank: #297,268 in Books (See Top 100 in Books) #13 in [Books > Religion & Spirituality > Hinduism > Sutras](#) #383 in [Books > Religion & Spirituality > New Age & Spirituality > Channeling](#) #472 in [Books > Religion & Spirituality > Worship & Devotion > Meditations](#)

Customer Reviews

Text: English, Hindi (translation) Original Language: Hindi

Swami Muktananda introduced the Siddha Yoga path all over the world, creating what he called a "meditation revolution." He is the author of Play of Consciousness, his spiritual autobiography.

This is a compelling book. I knew of the book before I bought it. Before I began the text I read all the forward information and found that quite helpful to meet the book where it is. I find this a book that I read slowly and contemplate it paragraph by paragraph. I will probably keep this book on my nightstand for years to come.

NOTHING EXISTS THAT IS NOT SHIVA includes jewels of wisdom from Shiva Sutra, Gurugita, Vijnanabhairava and few other texts with Muktananda's enlightening commentaries. Muktananda keeps on reminding the reader that Shiva is everywhere present and that a spiritual aspirant has to keep this always in his awareness. Here is an example related to working successfully with mantras: "The one who repeats the mantra is Shiva, the mantra Namah Shivay is Shiva, and the

Lord of the mantra - its goal - is Shiva. The secret of the realization of a mantra lies in repeating it, having identified oneself completely with Shiva. In the Svachanda Tantra, Lord Shiva says: 'O Goddess, only he who knows that Shiva is within himself as himself realizes the goal of the mantra.' 'The book is to be read, re-read, savored, absorbed and, of course, applied. As I read it once I found joy bubbling within me. I'll be reading it many more times.

This book is genuinely beautiful and moving. I have two copies. If you found the Swami Lakshman Joo or Jaideva Singh translations too academic to the detriment of the message and passion, you will be delighted with this book.

This book is composed of brief commentaries by Baba Muktananda of individual lines of various sacred texts as noted in the title. Sometimes it may only be a paragraph or two; sometimes a page. But I found this simple format and these brief explanations to be profoundly moving and enlightening. As I would read a commentary, and I would only read a few a day, I would find myself drawn naturally into a profound contemplative orientation towards my thoughts and actions and notions about myself and my life. It always felt very healing and as if unnecessary burdens were dissolving on the spot. I would at times be moved to tears of gratitude, to meditative silence, to joyful realizations. This book is indeed food for the heart, soul, and mind. It is alive with blessings. It is literally, not metaphorically alive, and if you relate to it with care and attention, you will find yourself in a sacred and precious relationship.

[Download to continue reading...](#)

Nothing Exists That is Not Siva: Commentaries on the Siva-sutra, Vijnanabhairava, Gurugita, and Other Sacred Texts Tai Chi: Tai Chi for Beginners - Your Guide to Achieving Inner Peace, Mental, and Physical Balance (TAI CHI for BEGINNERS): Tai Chi (Martial Arts, Alternative ... Living, Baha'i, Religion and Spirituality) Tai Chi: The Ultimate Guide to Mastering Tai Chi for Beginners in 60 Minutes or Less! (Tai Chi - Tai Chi for Beginners - Martial Arts - Fighting Styles - How to Fight - Chakras - Reiki) Siva: The Siva Purana Retold The Aphorisms of Siva: The Siva Sutra with Bhaskara's Commentary, the Varttika (Surya Series in Tantric Studies) Loving God: Krsna and Christ: A Christian Commentary on the Marada Sutras (Christian Commentaries on Non-Christian Sacred Texts) Beijing Tai Tai: Life, laughter and motherhood in China's capital Therapeutic Tai Chi: My Journey with Multiple Sclerosis My Path with Tai Chi E Tai Chi (The Complete Book): The World's Simplest Tai Chi Tai Chi Qigong: The Internal Foundation of Tai Chi Chuan Stickman Yang Style Tai Chi - 24 Movement Form: Really Simplified

Tai Chi Tai Chi: The Ultimate Guide to Mastering Tai Chi for Beginners in 60 Minutes or Less! Tai Chi Demystified: 6 Must Have Concepts to make Tai Chi Internal Books of Breathing and Related Texts -Late Egyptian Religious Texts in the British Museum Vol.1 (Catalogue of the Books of the Dead and Other Religious Texts in the British Museum) True Bigfoot Horror: The Apex Predator - Monster in the Woods: Book 3: Cryptozoology: Bigfoot Exists - Why is He Hiding? True Encounters of Sasquatch and Other Encounters of Bigfoot: The Physics and Philosophy of the Bible: How Relativity, Quantum Physics, Plato, and History Meld with Biblical Theology to Show That God Exists and That ... Live Forever (The Inevitable Truth Book 1) Heaven and the Afterlife: What happens the second we die? If heaven is a real place, who will live there? If hell exists, where is it located? What do ... mean? Can the dead speak to us? And more

Knowing that God Exists: The Rational and Evidentiary Support for the Existence of God 20 Compelling Evidences That God Exists: Discover Why Believing in God Makes So Much Sense A Universe from Nothing: Why There Is Something Rather Than Nothing

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)